The School District of Palm Beach County, Florida Wellness Promotion Task Force

"Wellness Celebration" Survey Summary of Event December 5, 2013

- 1. How organized was the "Wellness Celebration" event?
 - Total = 33 Responses
 - o 100% (33) stated Extremely Organized
 - o 0% (0) stated **Moderately Organized**
 - o 0% (0) stated **Not Organized**
- 2. How useful was the information presented at the "Wellness Celebration" event?
 - o 78.8% (26) stated Very Useful
 - o **21.2**% (7) stated **Useful**
 - **0**% (0) stated **Not Useful**
- 3. How would you rate the presentation by the Keynote Speaker Dr. Brian Sheen?
 - Appropriate for the Event
 - o **65.6**% (21) stated **Excellent**
 - o **21.9%** (7) stated **Good**
 - o **12.5%** (4) stated **Fair**
 - o **0**% (0) stated **Poor**
 - Overall Presentation
 - o **71.4%** (20) stated **Excellent**
 - o **21.4**% (6) stated **Good**
 - o **3.6**% (1) stated **Fair**
 - 3.6% (1) stated Poor
- 4. What did you enjoy most about this event's "Meet and Greet"?
 - o 15.2% (5) stated Networking
 - o 0% (0) stated Hors d'oeuvres and beverages
 - o 3.0% (1) stated Location and Time
 - o 81.8% (27) stated All of the above

5. How was this "Wellness Celebration" meaningful to you?

- It is gratifying to witness the dedication of school district staff as they care for and guide students to be the best they can possibly be. There are many projects that improve the health and wellbeing of students that also impact teachers and families in so many positive ways. I always enjoy these tributes because it highlights the hard work that goes on "behind the scenes" to ensure the health and wellness of students in a positive learning environment. Thanks to everyone for the hard work and to the active committee members and leadership of Steve and Paula that make this such a great success.
- It let me see the magnitude of all the contributions that our network provides to our community
- I was new to all of this as an intern this year. It was great to see how it all
 worked and the payoff of their efforts. I was able to associate faces with
 names.
- It's a reminder that we all have to work together to make a difference in our wellness and that of those around us.
- It showed the number of involved employees and departments.
- I'm sorry I was unable to attend due to Flu. Heard wonderful feedback for the event. It is very meaningful to me to represent my efforts at my school.
- It brings people together to celebrate something so important!
- The Wellness Celebration was such a breath of fresh air. With obesity on the rise and kids not as healthy as they should be I am excited so see the steps the school district is taking to try to advise healthier eating habits and physical activities for your communities.
- It was nice to meet many people from behind the scenes. I was very proud to have been a part of our wellness program and the impact I am making here at our school.
- I met new people and got many new ideas to bring back to my school.
- It is encouraging to know that there are others with a similar interest at heart.
- This was the first Wellness Celebration I have been too. This was meaningful to me because Dr. Sheen made me step back and look at my life.
- I love the recognition for people who never get recognized. It is special.
- I appreciated seeing the wonderful efforts of the various groups that were represented and how they impacted the students, staffs and the community.
- It is great to see everyone's hard work pay off all year!
- I liked the keynote speaker, Dr. Brian Sheen.
- It is great to celebrate everyone's effort in promoting wellness.

- It gave us all a chance to step back, relax, and talk to each other. It also made us feel made us feel appreciated!
- I enjoyed sharing information with like-minded individuals and the awards.
- The celebration gave me the opportunity to see the wonderful things the schools and departments are doing to promote Wellness in the schools.
- Having the students entertain us was amazing. They were wonderful and
 a pleasure to help get them organized outside. The speakers were
 excellent once again. This was a very informative and festive event.
- It really brought together how each department and each school in the district is implementing the wellness program as a lifestyle. We are a huge district and we are very spread out. The Wellness Champion or the PE teacher may sometimes feel alone in their mission. The celebration showed what can be done as a district when everyone does a little.
- The attendance showed what great support the district has from different healthful agencies and also from the district itself.
- It was nice to see people who have been important to our department recognized.
- It was both inspiring and great to be recognized for the everyday things that we do. The meet and greet was also great to get ideas from others. The only regret was that this was the first one that I attended; I wish I would have had the opportunity to go to more!
- It was nice to see that the people that try to make positive changes in the community are recognized for their efforts.
- It was very meaningful to see all the different things the School District is doing with regards to Wellness and see the people rejoice with their awards/recognitions. This was a well-executed event and the timeline was perfect. KUDOS TO ALL!
- I was so moved by the lady that spoke at the end who lost so much weight. Her story was so inspirational and I follow her on Facebook now. She is remarkable and insightful. She should be asked to be the keynote speaker next year. She makes me want to do better for myself.
- Enjoyed the recognition of community partners and the festive surroundings and venue.
- It was nice to see all the different groups working together for the common goal of wellness in our community and schools.
- It helped me understand all the work that goes into this program and how it benefits so many. I am truly happy to have the opportunity to participate.
- I received an award for something I enjoy doing which is informing students about the OrganWise Guy.

- 6. Please provide any additional comments or feedback so that we can improve the 3rd Annual "Wellness Celebration" on December 2013.
 - This year was perfect, so I would do exactly the same as this year. Perhaps a little more space for the after program refreshments. Thank you for the survey.
 - The food was wonderful; especially the Berry Tarts!!! I never knew that wellness could taste so good!
 - This is a wonderful program that keeps getting better and better. I can't wait to see what's next!
 - Lose the masks.
 - This was such a job well done and there was such attention to detail. It was a party for the eyes with color and decorations everywhere. The theme was awesome. It was a wonderful event and I am looking to attending next year. God Bless all of you for such a wonderful evening.
 - I thought it was very exciting and very informative.
 - It was a fun, festive event that showcased many commendable efforts.
 Great job to all.
 - Possibly shorten the event.
 - It was super---looking forward to next year. A suggestion....but you would have to clear with district---win an afternoon "off" of work. If one is a teacher the district would provide a half day sub. Not sure if this would be allowable, but it would be awesome! And the winning person would feel the district is contributing to their wellness, too!
 - There is nothing to improve -- it was awesome!!!!
 - I really loved it, the raffles were so nice. I cannot think of anything to make improvements.
 - Keep it going.
 - It is going to be hard to top this year's "Wellness Celebration."
 - I thoroughly enjoyed myself and appreciate the time and effort that goes into recognizing so many of us for our hard work. It's an honor to work with all of you.
 - I thought the time was better, and the flow was good with nothing taking too long. Great job!
 - I can't think of anything to improve on. Good work!